



2 TOOLONDO CLOSE  
THE BRIDGES

**Magnificent lakeside American home with fantastic water and city views**

This home was built with unsurpassed quality inside and out. The enchanting low maintenance property offers three very spacious bedrooms, study, two bathrooms and expansive living and entertaining spaces. The lounge and dining area is an entertainer's delight with two stunning crystal chandeliers and stoned jet master fire place.

- Stainless kitchen appliances
- Fully integrated dishwasher
- Caesar stone benches
- King size master bedroom
- Ensuite includes a free standing bath, dual vanities, frameless glass shower
- Double glazed windows & doors

**\$660,000 - \$690,000\***



LOT 20 THE ESPLANADE  
TOWN CENTRE

**Last Waterfront Available!**

Aspect 10 features an upstairs kitchen overlooking dining and living. A second upstairs living area includes optional open fire and balcony. Downstairs master bedroom has walk-in-robos and ensuite.

- The last waterfront available
- Three spacious living zones
- Designer kitchen with island bench
- Open-plan dining and living
- Second upstairs living with OFF and balcony
- Downstairs retreat opening to rear yard
- Land price based on lot 20 in The Esplanade

**Home and Land from \$487,000\***



4 COLAC PLACE  
SPRINGLAKE

**Bold and Inviting**

This wonderful home is located in the prized Springlake village near parklands and local waterways. You can take a leisurely walk around the area to appreciate what a lovely neighbourhood surrounds this home and enjoy its easy access to main roads and amenities. There are many small details throughout the home so book your inspection today.

- 4 bedrooms plus study
- Formal lounge & open family/meals
- Detailed porcelain tiling and carpets
- 618m2 land (approx)
- Main bedroom with ensuite and WIR
- Neat established gardens with decking
- 3m side access next to double garage
- Stunning residence with every luxury

**\$497,500\***



9 WATERSIDE DRIVE  
BURNSIDE

**Modern, City Living in the West**

Enjoy executive living in this double storey home with water views. This low maintenance residence will astound you with its quality features and creature comforts.

- 3 bedrooms
- Master bedroom with ensuite and walk-in-robe
- Large kitchen/family/meals
- Formal lounge room
- Stainless steel appliances
- Dishwasher
- Ducted heating
- Evaporative cooling and split system
- Downlights
- Double garage

**Offers from \$345,000\***



10 PEEL LANE  
THE GROVE

**City Style, Suburban Convenience**

This immaculate residence offers light filled warehouse space and design. Just minutes from the Town Centre restaurants, cafes, shops, transport and schools. Currently leased till February of 2009 at \$1,170 PCM. When only the best will do, call for an inspection today!

- 2 spacious bedrooms plus study
- Master with built in mirrored robes & balcony with french doors
- Second floor main bathroom
- Open-plan kitchen/family & meals
- Modern kitchen
- Evaporative cooling
- Polished concrete floors
- Low maintenance concrete gardens
- Double carport

**Offers from \$285,000\***

\* Prices correct at the time of printing and are subject to change.

**THE GRANDSTAND.  
AT CAROLINE SPRINGS.**

**HOUSE AND LAND.  
FROM \$230,000\*.**



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Welcome to **The Grandstand**, an address where nature surrounds you and convenient facilities are just a short stroll away. With shopping, education, a major recreational precinct and endless spaces to explore at your doorstep, The Grandstand is the ideal location to call home.

Designed and built by family-owned Zuccala Homes, The Grandstand is an exciting new development at Caroline Springs comprising of 14 architecturally designed homes with your choice of double and single storey townhouses.

Each home offers a spacious open-plan design, low maintenance living and a modern designer façade.



**FEATURES:**

- 6 different designs to choose from
- Single and double storey
- Choice of 2 to 3 bedrooms plus study, and studio options
- Range of sizes from a total 81m<sup>2</sup> to 205m<sup>2</sup> plus garage or carport
- Modern façade and open-plan living
- Central location and adjoining parklands
- Quality fixtures and fittings
- Stamp duty savings apply

**Caroline Springs Sales & Information**

2-8 Lake Street, Caroline Springs (Melway Ref 356 H10)

Open 7 days 9am-6pm [www.delfinrealty.com](http://www.delfinrealty.com)

**9360 5488**

## what's on

### Writers Group

WHEN 7.00pm - 8.30pm, every Wednesday  
 WHERE Caroline Springs Library  
 For more information contact the Caroline Springs Library on 9747 5300

### Genealogy for Beginners

WHAT Want to learn more about your ancestors?  
 WHEN 7.00pm, Monday, 4 August  
 WHERE Caroline Springs Library  
 Bookings essential. For more information contact 9747 5300

### Caroline Springs College Tours

WHEN 9.30am - 10.00am, Tuesday, 5 August  
 4.00pm - 4.30pm  
 WHERE Creekside, The Crossing, Caroline Springs  
 WHEN 10.30am - 11.00am, Tuesday, 5 August  
 5.00pm - 5.30pm  
 WHERE Brookside, Federation Way, Caroline Springs  
 For more information contact 9361 4200

### Welcome Sessions

WHAT Information night, open to all new Caroline Springs residents  
 WHEN 7.30pm - 8.30pm, Thursday, 7 August  
 WHERE Caroline Springs Sales and Information Centre  
 For more information contact Ann Jessop 9360 5488

### Short Story Writing Workshop with Paddy O'Reilly

WHEN 7.00pm, Wednesday, 13 August  
 WHERE Caroline Springs Library  
 Bookings essential. For more information 9747 5300

### ICA Melton College Tour Opportunity

WHEN 9.30am, Saturday, 16 August  
 WHERE Cnr Lancefield Drive and Gourlay Road, Caroline Springs  
 For more information contact the College Office 9361 3700

### Author Talk with Crime Writer Vikki Petraitis

WHEN 6.30pm, Wednesday, 20 August  
 WHERE Caroline Springs Library  
 Bookings essential. For more information 9747 5300

### Coffee and Chat Club

WHEN 11.30am, Wednesday, 27 August  
 WHERE Caroline Springs Library  
 For more information contact the Caroline Springs Library on 9747 5300

### Internet for Beginners

WHEN 11.00am - 12.00pm, Thursday, 28 August  
 WHERE Caroline Springs Library  
 Classes cost \$5.50 (\$4.40 concession)  
 Bookings essential. For more information 9747 5300

### Caroline Springs Residents Association

WHEN 7.30pm, Thursday, 28 August  
 WHERE Brookside Community Centre, Federation Way, Caroline Springs  
 For more information contact 9363 0864



# ArtBeat...painting the town red

Caroline Springs is hosting a range of events this month for the annual ArtBeat festival, a celebration of the arts organised by the Melton Shire Council. Events are held across the Shire from 8 - 31 August, inspiring everyone to participate and enjoy the arts.

The ArtBeat festival crosses a wide variety of art forms including visual, music, literary and performing arts. Melton Shire Council Deputy Mayor, Cr Justin Mammarella, said there is something for everyone at this year's ArtBeat Festival. "The program of events for ArtBeat 2008 includes workshops, children's activities, music events, author talks, music performances and film screenings." Arts Alive takes place in Caroline Springs on Saturday 23 August along the boardwalk of the beautiful Lake Caroline. Take a leisurely stroll along the lake, observe artists at work or relax over lunch at Fango's Restaurant. Free painting for kids with the Paint pot people and exciting pavement art and storytelling will be available, or check out the local artists work by visiting the Caroline Springs Art Exhibition. Workshops available throughout the festival include puppet making, pottery, short story writing, painting, cartooning, life drawing, photography, comic making and music.

**To whet your pallet, here's a little taste of what else is happening throughout the festival period.**

#### Melton Art Exhibition

WHEN Open daily 10.00am - 2.00pm, Saturday 9 - Friday 15 August  
 WHERE Melton Community Hall, 232 High Street, Melton

#### Jazz it Up in Caroline Springs

WHAT Free live Jazz  
 WHEN 3.00pm - 6.00pm, Sunday, 10 August  
 3.00pm - 6.00pm, Sunday, 24 August  
 WHERE Fango Bar and Restaurant, Lake St, Caroline Springs

A live jazz band will also perform every Friday night at Fango's Restaurant during the Festival.

#### Art Day Out

Lots of fun art activities for the kids. Including pottery, sand art, plaster art, jewellery making, butterfly enclosure, bubbles, paper clay modelling and lots more!  
 WHEN 11.00am - 3.00pm, Sunday, 17 August  
 WHERE Melton Community Hall and Civic Centre Lawns, 232 High Street, Melton

For more information contact the Melton Visitors Information Centre on 9747 7300

#### Art at Lunch

A chance to indulge your senses in good food, wine, music, art and special guest speaker Michael Robotham, best-selling Australian crime writer.

WHEN 12.00noon - 2.00pm, Friday, 22 August  
 WHERE Galli Estate Winery, 1507 Melton Highway, Melton

Bookings essential. \$25 per person (includes two course meal, tea and coffee). Tickets can be purchased in person from the Melton Visitors Information Centre, 323 High Street - Melton.

#### Arts Alive in Caroline Springs

Observe artists around the lake, free painting for kids and exciting pavement art. Storytelling and other activities available at the Melton Civic Centre/Library  
 WHEN 12.00pm - 3.00pm, Saturday, 23 August  
 WHERE Lake Caroline, Caroline Springs

#### Caroline Springs Art Exhibition

WHEN Friday 22 - Sunday 24, August  
 WHERE Melton Civic Centre and Caroline Springs Library

#### Live at the Willows

Closing the festival, audiences will be entertained by a diverse range of original bands covering blues, country, folk, roots, funk, reggae and pop/rock. Bring your own chairs/rugs and picnics. Food and drinks will be available to purchase on the day. ALCOHOL FREE EVENT  
 WHEN 12 noon - 4pm, Sunday, 31 August  
 WHERE Willows Historical Park, Reserve Road, Melton

For more information or to receive an event guide contact the Melton Shire Council on 9747 7200.



Construction is now complete on three of Caroline Springs newest playing courts, situated adjacent to the recreational precinct on The Parade, Town Centre. The new courts comprising of two multi purpose surfaces and one netball court are now open for play to all the community. To the north of the newly completed sporting surfaces, residents can expect to see future construction of a tennis court complex with a minimum of 10 courts, marking the completion of the sporting precinct. For more information contact Caroline Springs Leisure Centre on 9747 5327.



# Caroline's Courts

ask  
ellen  
advice from  
caroline springs  
physiotherapy



## elbow pain

Tennis elbow refers to a condition where there is pain on the outside of the elbow. It is a tendonitis (inflammation of the tendon) which is most commonly caused by overuse of the muscles around the wrist and elbow. It can be due to playing tennis, but more commonly is caused by everyday activities such as typing, gripping, cleaning and lifting amongst others.

The repetitive nature of these activities causes inflammation on the outside of the elbow where the tendons insert into the bone. Treatment is necessary to prevent the condition becoming chronic and therefore taking a long time to heal. Physiotherapy can assist with ultrasound, trigger point therapy, dry needling, stretches and sometimes a specific support to help take the pressure off the affected area.

Advice on rest, correction of biomechanical factors and a graduated return to aggravating activities is also important. Occasionally a cortisone injection may be required if the symptoms don't resolve with conservative treatment.

Once the pain has eased, strengthening exercises help prevent the condition reoccurring along with posture and/or biomechanical correction if needed.

There is a similar condition that affects the inside of the elbow, known commonly as 'golfer's elbow' which has many of the same causative factors and treatments as mentioned above.

If you have any queries regarding the above information or would like information on another topic, contact:

**Ellen Cahill and Andre de Waal**  
Caroline Springs Physiotherapy  
2-6 Caroline Springs Boulevard  
83617237  
info@cspringsphysio.com.au

## Education Update

### EDUCATION EXPANDS AT CAROLINE SPRINGS

**The University of Ballarat is now offering a Bachelor of Applied Management Studies within Caroline Springs.**

Professor David Battersby, Vice-Chancellor said, "The new course will allow residents to advance their business studies and give them an insight and opportunity to assess education via a flexible e-learning platform".

The degree will utilise industry-based facilitators who used workshops and discussions, with each participant bringing their own industry's experiences, to investigate the concept of management.

Russell Bray, Head of the School of Business Services said, "This is a facilitated 'real-life' program that offers the chance to implement a practical change or innovation within your current workplace".

**Enrolments are now open.**

For further course information or for registration details contact the University of Ballarat on 03 5327 8057 or email [appliedmgtdegree@ballarat.edu.au](mailto:appliedmgtdegree@ballarat.edu.au)

### LOOKING FOR CHILDREN UNDER 5

**Caroline Springs playground is looking for new youngsters interested in discovering playgroup.**

The playgroup offers fun playing and involvement with other children. Children can explore a new world with new experiences, develop a weekly routine and develop new skills.

There are different activities each week including painting, games, music, drawing, craft, outside playtime and in the sandpit. Playgroup is about families, friendships and fun, with sessions available each week day and run for two hours.

Contact Renee on 0422 972 995 for sessions and information.

## 2009 Community Achievement Awards

Nominations for the 2009 Community Achievement Awards open on 25 August 2008. These awards recognise the outstanding achievements of individuals, local groups and the development of worthy projects in the Shire of Melton.

Nominations are sought in three categories:

**Achiever Award** (in three age categories: 25 years and under, 26-59 years and 60+)

**Citizen of the year** will be selected from the Achiever Award nominations

**Community group of the year**

**Community project of the year** (project must have been completed between 1 January 2008 and 31 December 2008)

**Don't miss out on the chance to nominate a well-deserving member of the community.**

**For further information please contact Melton Shire Council, Tourism and Events on 9747 7300.**

## Local art arrives



LEFT TO RIGHT: CR GARRY STOCK, MR JOHN RIGBY AND MR NEVILLE SMITH. AT THE CAROLINE SPRINGS ART EXHIBITION

The Caroline Springs local Artist Exhibition was officially opened by local councillor, Gary Stock on Friday 26 June. Close to 100 people attended the exhibition, which was held at the Caroline Springs Library foyer.

The exhibition celebrated not only the work of local artists, but also the work done by participants in the youth art program at Stevenson's House.

The exhibition will re-open on Friday 22 - Sunday 24, August as part of the annual ArtBeat festival.

**For more information contact Melton Shire Council on 9747 7200**



## A new community heart for Caesia Gardens

Construction of the \$3.5 million Club House at Caesia Gardens Retirement Village has commenced and is expected to be complete by January 2009.

The completed Club House will be the centre piece to the village and features a large foyer/lounge area, multifunction space catering for around 80 people, library, business centre, gym, heated indoor pool, craft room, hairdresser facilities as well as BBQ facilities on the terrace leading to the outdoor bowling green.

The Club House will also deliver an array of sustainability initiatives including photovoltaic cells generating electricity, a highly efficient air-conditioning system, Low-E glazed external windows, large rain water tank capacity, and drought-tolerant landscaping.

According to Retirement by Design spokesperson Peter Witnish, the new Club House will be the central community hub for residents to relax and socialise and will provide an excellent venue for functions and activities.

"Caesia Gardens sets the standard for modern retirement living options." Peter said.

"With its prime location in the Caroline Springs community, this boutique village features stunning homes set within a short walk from the Town Centre Precinct with its shops, cafes, transport, and medical facilities. People wanting to visit or find out more about Caesia Gardens are invited to call 1800 335 281 or visit the Sales and Information Centre at Caroline Springs.

Located at Caroline Springs, Caesia Gardens is managed by Retirement by Design, one of Australia's leaders in retirement living, with 15 villages nationally.

## CS on grass

**CSonGrass** is a local community group formed to assist in the management of critically endangered plains grassland reserves.

The original vegetation in Caroline Springs was basalt plains grasslands with a number of reserves still present. These reserves are home to flora and fauna that are regularly visited by eastern grey kangaroos and wallabies. CSonGrass are looking for volunteers to assist in the restoration of the grasslands and to help raise public awareness.

### Upcoming events include

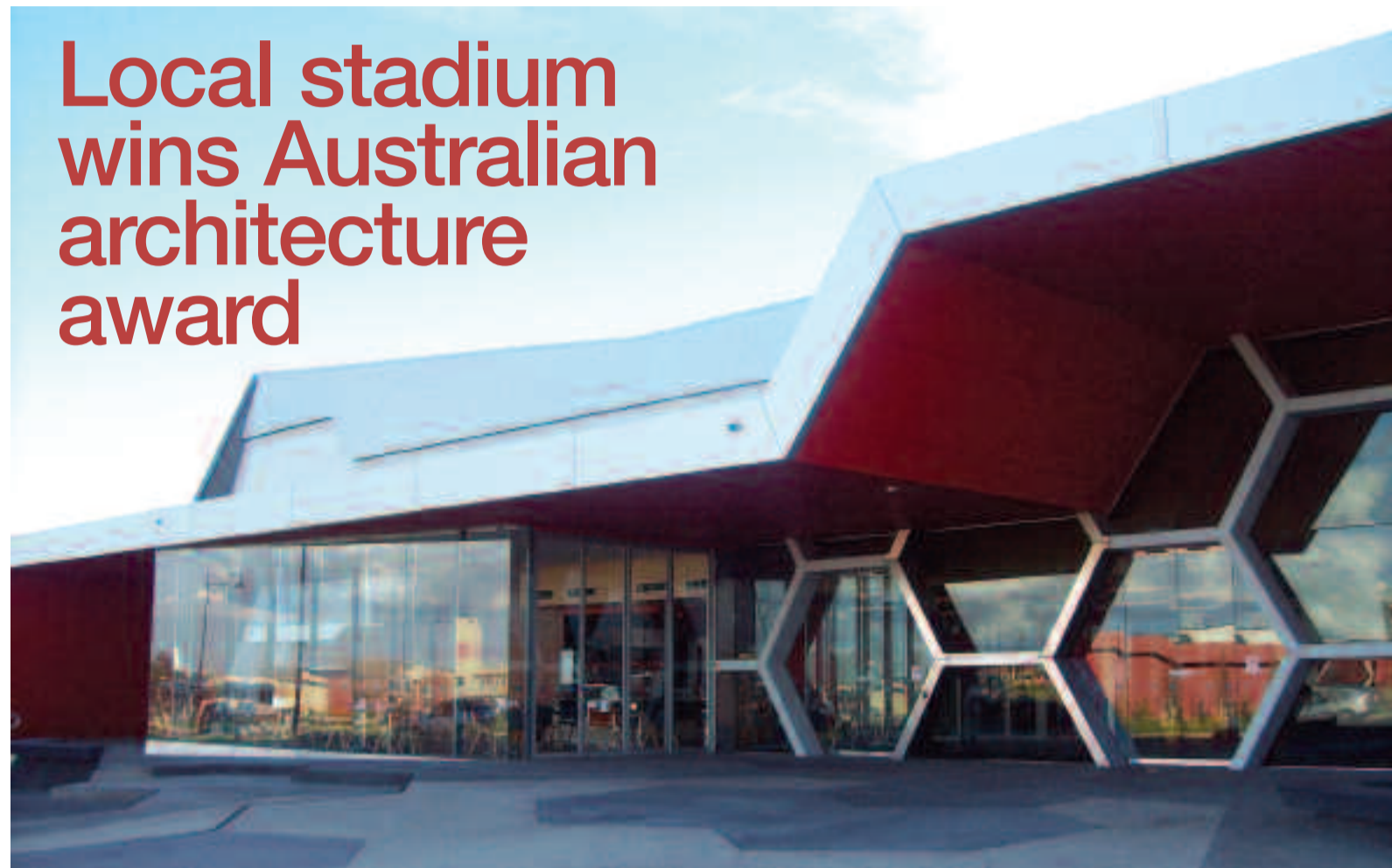
- Reintroduction of local provenance species and clean up - August 30
- Walk and Talk along the Kororoit Creek - September 14
- Revegetation of degraded areas - September 26 and 27

The August and September plantings will begin at 10.30am in Cypress Views West corner of College Street and Holland Way. Sturdy shoes, warm clothes and gloves required.

For more information contact Giorgio on 0404 085 517 or visit [www.csongrass.net](http://www.csongrass.net)



## Local stadium wins Australian architecture award



The Caroline Springs Stadium has won an award, for the best interior fit out at the Royal Australian Institute of Architecture awards night on Friday 4 July.

The institutes Victorian president, Karl Fender said that Victoria is continuing to prosper both physically and culturally through such a demonstrably high standard of design achievement.

"Once again, the benchmark setting design in this annual awards program has underscored the critical importance of design excellence on our built environment," he said.

The stadium was commended for its simple and economical finishes used in a distinctive manner.

"The Caroline Springs Stadium references indigenous geological formations through tessellated pre-cast concrete walls; over-scaled hexagons that form the main entry portals and layered canopies that form the soffit of the café and entry areas," cited the Victorian Jury.

**"Clear planning with good natural surveillance afford this simple project a natural, open feel. Its grand volumes with strongly expressed structures achieve good natural light".**

For further information please contact Caroline Springs Leisure Centre on 9747 5327.

## What to do when a POWER FAILURE strikes

Blackouts and power failures can happen at anytime and can be caused by many factors. In winter, storms are the most common cause due to strong winds breaking the power supply with trees, branches and other materials. **If you experience a power failure, always ensure you:**

- Do not use candles, as they can be easily knocked over and could start a fire
- Always keep a fully charged battery operated torch and radio nearby in case of an emergency situation
- Unplug your electrical equipment including television, video and computer etc
- Turn off all the cooling/heating appliances including air conditioners, heaters, stoves, iron etc.

